

ANNOTATION OF ELECTIVE DISCIPLINE

PSYCHOHYGIENE AND ACTUAL ISSUES OF THE UNIVERSITY HYGIENE

education of specialists of the second (master's) level of higher education
qualifications "Master of Medicine. Doctor"
field of knowledge 22 "Health care"
specialty 222 "Medicine"

Abstract of the discipline: EC3.6 "Psychohygiene and actual issues of university hygiene" belongs to the cycle of disciplines of professional training of professionals in specialty 222 "Medicine".

Final control - credit.

Purposes: the development of the future doctor's hygienic thinking, the ability to assess comprehensively environmental factors and social conditions of life and the acquisition of knowledge regarding the determination of the consequences of their negative impact on the mental health of a person and the health of persons studying in institutions of higher education, development on this basis measures aimed at preserving and strengthening mental health, ensuring harmonious psychophysiological and mental development of the individual, as well as health-preserving technologies to create a preventive educational space in institutions of higher education.

Main tasks:

- study of natural and anthropogenic factors of the environment and social conditions of life, which have a negative impact on the mental health of a person and the health of persons studying in institutions of higher education;
- scientific substantiation and development of hygienic standards, rules and measures that contribute to the maximum use of environmental factors that have a positive effect on the human body;
- introduction of developed psychohygienic recommendations, rules and regulations into health care practice and checking their effectiveness;
- forecasting the sanitary situation in the near and distant perspective.

The discipline contributes to the formation of the following **competencies:**

▪ **integral:** The ability to solve complex problems, including those of a research and innovation nature in the field of medicine. Ability to continue learning with a high level of autonomy.

▪ **general:**

- GC 1. Ability to abstract thinking, analysis and synthesis.
- GC 2. The ability to learn and master modern knowledge.
- GC 3. Ability to apply knowledge in practical situations.
- GC 5. Ability to adapt and act in a new situation.
- GC 6. Ability to make informed decisions.
- GC 7 . Ability to work in a team.
- GC 8. Ability to interpersonal interaction.
- GC 12. Determination and persistence in relation to assigned tasks and assumed responsibilities.
- GC 13 . Awareness of equal opportunities and gender issues.

GC 15. The ability to preserve and multiply moral, cultural, scientific values and achievements of society based on an understanding of the history and patterns of development of the subject area, its place in the general system of knowledge about nature and society and in the development of society, techniques and technologies, use different types and forms motor activity for active recreation and leading a healthy lifestyle.

- professional competences:

PC 4. The ability to determine the necessary regime of work and rest in the treatment and prevention of diseases.

PC 11. Ability to solve medical problems in new or unfamiliar environments in the presence of incomplete or limited information, taking into account aspects of social and ethical responsibility.

PC 13. Ability to carry out sanitary and hygienic and preventive measures.

PC 15. Ability to carry out assessment of the working capacity.

PC 17. Ability to assess the impact of the environment, socio-economic and biological determinants on the state of health of an individual, family, population.

PC 21. Clearly and unambiguously to deliver one's own knowledge, conclusions and arguments on health care problems and related issues to specialists and non-specialists, in particular to people who are studying.

PC 22. Ability to manage work in the field of health care, which are complex, unpredictable and require new strategic approaches.

Program learning outcomes

PLO 1. Be thorough knowledge from structures professional activities . Be able carry out professional activity that _ needs updates and integrations knowledge _ To be responsible for professional development , ability for further development professional learning with high level autonomy .

PLO 3. Specialized conceptual knowledge that _ include scientific achievements in the field protection health is the basis for conducting research , critical understanding of problems in the field medicine and those related to it interdisciplinary problems.

PLO 5. Collect complaints , anamnesis of life and diseases , evaluate psychomotor and physical development the patient , the state of the body 's organs and systems , based on results laboratory and instrumental of research evaluate information of diagnosis (according to list 4), taking into account age the patient

PLO 13. Conduct evaluation and monitoring development of a child , to provide feeding recommendations and features _ food depending from age , organize carrying out preventive vaccinations according to the calendar.

PLO 16. Form rational medical routes patients ; organize interaction with colleagues in their own and other institutions, organizations and institutions ; apply tools promotion medical services on the market , based on analysis of the needs of the population , in the conditions functioning of the security institution health , his division , in a competitive environment .

PLO 19. Plan and implement a system of infection control and preventive measures, regarding occurrence and distribution diseases in population.

PLO 23. Evaluate influence surrounding environment on health person to assess the state of the disease population _

PLO 24. Organize necessary level of individual security (personal security and persons of our care) in case occurrence typical dangerous situations in the individual poly activities .

PLO 25. Communicate clearly and unambiguously own knowledge , conclusions and arguments about protection problems health and related questions to specialists and non-specialists .

PLO 26. Manage work processes in the field of health care, which are complex, unpredictable and require new strategic approaches, organize work and professional development of personnel taking into account the acquired skills of effective teamwork,

leadership positions, adequate quality, accessibility and fairness, ensuring provision of integrated medical care.

Developer: Department of General Hygiene and Ecology (lecturer of HEI Tetyana TYSEVICH)