

## **ANNOTATION OF ELECTIVE DISCIPLINE**

### **PSYCHOHYGIENE AND CURRENT PROBLEMS OF THE UNIVERSITY HYGIENE**

**training of specialists of the second (master's) level of higher education  
qualifications "Master of Dentistry. Dentist"  
fields of knowledge 22 "Health care"  
specialty 221 "Dentistry"**

**Abstract of the discipline: EC2.1 "Psychohygiene and current problems of university hygiene"** belongs to the cycle of disciplines of professional training of specialists in specialty 221 "Dentistry".

**Final control** - credit.

**Aims:** the development of hygienic thinking in the future doctor, the ability to comprehensively assess environmental factors and social conditions of life, and the acquisition of knowledge regarding the determination of the consequences of their negative impact on the mental health of a person and the health of persons studying in institutions of higher education, the development of on this basis, measures aimed at preserving and strengthening mental health, ensuring harmonious psychophysiological and mental development of the individual, as well as health-preserving technologies to create a preventive educational space in institutions of higher education.

**Main tasks:**

- ☐ study of natural and anthropogenic factors of the environment and social conditions of life, which have a negative impact on the mental health of a person and the health of persons studying in higher education institutions;
- ☐ scientific substantiation and development of hygienic standards, rules and measures that contribute to the maximum use of environmental factors that have a positive effect on the human body;
- ☐ introduction of developed psychohygienic recommendations, rules and standards into health care practice and verification of their effectiveness;
- ☐ forecasting the sanitary situation in the near and distant perspective.

**Competencies, the formation of which contributes to the discipline:**

**- integral:** The ability to solve complex tasks and problems in the field of health care in the specialty "Dentistry" in professional activity or in the learning process, which involves conducting research and/or implementing innovations and is characterized by the uncertainty of conditions and requirements

**- general:**

- GC 1. Ability to abstract thinking, analysis and synthesis.
- GC 2. Knowledge and understanding of the subject area and understanding of professional activity.
- GC 3. Ability to apply knowledge in practical activities.
- GC 4. Ability to communicate in the state language both orally and in writing.
- GC 5. Ability to communicate in English.
- GC 6. Skills in using information and communication technologies.
- GC 7. Ability to search, process and analyze information from various sources.
- GC 8. Ability to adapt and act in a new situation.

GC 9. The ability to identify, pose and solve problems.

GC 10. Ability to be critical and self-critical.

GC 11. Ability to work in a team

GC 12. Efforts to preserve the environment.

GC 13. Ability to act socially responsible and consciously.

GC 14. The ability to realize one's rights and responsibilities as a member of society, to realize the values of civil (free democratic) society and the need for its sustainable development, the rule of law, the rights and freedoms of a person and a citizen in Ukraine

GC 15. The ability to preserve and multiply moral, cultural, scientific values and achievements of society based on an understanding of the history and patterns of development of the subject area, its place in the general system of knowledge about nature and society and in the development of society, techniques and technologies, use different types and forms motor activity for active recreation and leading a healthy lifestyle

**- professionals:**

PC 15. Processing of state, social and medical information.

**Program learning outcomes**

PLO 9. Determine the nature of the work regime, rest and necessary diet in the treatment of dental diseases based on a preliminary or final clinical diagnosis by making a reasoned decision according to existing algorithms and standard schemes.

PLO 15. Assess the impact of the environment on the state of health of the population in the conditions of a medical institution according to standard methods.

PLO 16. To form goals and determine the structure of personal activity based on the result of the analysis of certain social and personal needs.

PLO 17. Follow a healthy lifestyle, use self-regulation and self-control techniques.

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